



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# HEALTHY HOME COOKING

Come join us at the Calvin A. Perry Community Center for a FREE nutrition and cooking program facilitated in partnership with the Campbell County Cooperative Extension Service!

We will learn different ways to use fresh foods to make recipes that are both healthy and affordable for all.

Leave with FREE kitchen tools and recipes to try at home.

## Held at the Calvin A. Perry Community Center

Have you taken the program in the past? **You can attend this series up to 2 times!**

**Dates:** Each Tuesday from September 4 – October 9, 2018

**Time:** 11:00 AM – 12:30 PM

Contact: Breanna Williams at (859)331-1712 or [Breanna.williams@uky.edu](mailto:Breanna.williams@uky.edu) to register

**OR** register at the community center

**Cooperative Extension Service**  
Agriculture and Natural Resources  
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Community and Economic Development

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Disabilities accommodated with prior notification.